

# Keeping on Keeping On

Starting out to develop mediumship can be fun and exciting. Everything is new and enthusiasm comes easily, however at some point something will change. The development of mediumship has many knock on effects, one of them being that certain situations in the life of the developing medium will require attention. Often these situations are of a spiritual nature and can be quite difficult to deal with, for example relationship difficulties, a job which is not just unfulfilling but may be at odds ethically with the spiritual expression of the medium, or absolutely anything that needs to be looked at with the developing mediums new found spiritual awareness. One of the major causes of suffering is the avoidance of dealing with these issues which is not spiritually healthy. Mediumship is not just about getting messages from the spirit world as it is something that will affect us each and every second of every day and if we try to ignore situations that affect us spiritually something inside us cries out. The more that we give ourselves to our mediumship the more it will demand of us.

When we begin to deal with these situations things often get worse before they get better. This is where we really begin to live out that hero struggle, something will draw us to devote our lives to our developing spiritual understanding. Our lives first seem to descend into chaos and disorder and we seem to drop into a period of uncertainty, it is at these times that we must keep on keeping on. Have your eyes fixed firmly on the goal and allow yourself to be taken out of your comfort zone. Our ability to allow that to happen, to enjoy it even, will be in direct proportion to how quickly we develop or to whether we fall by the

wayside. However it is not about the speed that we develop, everything will happen in its own good time, development cannot be rushed.

Then of course there are the demands that life makes upon us that we have to take into consideration. Earning a living can be a very demanding occupation these days and we sometimes do not know when we will be working as the days of work being Monday to Friday 9am to 5pm seem to be long gone. Most employers expect a commitment which can make other regular appointments hard to keep up with and the developing medium needs to be committed to their development, sometimes it feels like these two areas of our lives do not mix. Sitting in circle is a demanding responsibility as when someone is missing the whole circle is effected and cannot progress as it would if everyone is there. If you cannot be committed to a weekly appointment with the spirit world that sitting in circle demands then do not take on the responsibility. The same is true of those who have commitments to young children, they must come first, mediumistic development can wait, after all bringing up children is spiritual work.

There are many of other things that you can do to help you develop your mediumship but these too often require certain amount of dedication and commitment. Try to sit in the power regularly, every day is ideal, as well as making time for meditation, the developing medium should learn as much as they can about their craft. Thankfully there are a great deal of resources available online now in the shape of YouTube videos and lectures. There are also online classes through organisations like The Spiritualist National Union International (SNUI) where classes are available every day at almost every hour. Some of these classes are aimed at students living in different time zones but

this can be useful when trying to fit development around work commitments. I have been up in the very early hours to join a class or joined one late at night.

There will come a point however in the developing of mediumship where the medium will seem to be challenged and will have to make a decision as whether to put their development first or not. These crisis points in someone's life are very important and the decision vital. The wonderful thing however is that we do not go backwards. The spirit world have invited us to work for them for a reason and they have an ability to be able to see the bigger picture. This does not mean however that the developing medium will end up where they first thought that they would as their natural ability may mean that they are destined for something other than what they have in their minds. We should not have preconceived ideas in our heads about where our mediumship will take us as life can so often twist and turn in unexpected ways.

Added to that is the fact that, after the initial enthusiasm has waned, the developing medium will go through a phase where they wonder what to learn or develop next as they seem to have outgrown their teacher and it feels like it is time to move on. Sometimes this point in development can cause a variety of problems. Maybe the teacher tries to hold onto the student for too long, or the developing medium stays too long out of a misguided respect for the teacher who has helped them thus far. Rather than being seen as something negative these points in development should be seen as a way of expressing the spirituality of the developing medium, who should look to handle such situations with dignity and respect for all concerned. Sometimes however difficult decisions cause all sorts of reactions in other people who have a vested interest in the mediums development, not always in a healthy way. This can be quite painful for the medium to go through and can be very challenging. When these

situations are not handled properly a great deal of pain can be caused. I have seen people devastated by the pain that such situations can cause and this does not need to be the case, handled spiritually they can aid our spiritual development.

The mediumship will change too, in the early days the difference in energy as the spirit world draws close is quite stark and easily noticeable. However the more the medium develops the more subtle this difference can become. When this first change begins to happen the developing medium can feel as if they have lost their connection but this is not the case. It can feel as if the medium is just talking, not taking the time to build their connection with the communicator as they did in the early days. This is when Clair cognizance-or psychic knowing begins to start working and this can be quite unsettling when it first starts to happen. Again this is a period when the developing medium should keep on keeping on, trust in the spirit world is of paramount importance.

The key to the development of mediumship is commitment, it is a wonderful thing to do with your life and truly God's work. Try and enjoy the journey and all that it brings, mediumship truly has the ability to change the World, but or that to happen it must first change the developing medium.

Leonard Tatt