

Natural Mediumship

The pathway to develop mediumship is a long one and there will be many obstacles along the way, it is also never ending as there is always something to learn and develop. The mediumship may well have been there naturally but it will need some formal training to establish itself and begin to flourish within every circumstance that present itself to the medium. The choice of teacher for this formal training must be made wisely. There are so many now who are teaching all sorts of things and there are two criteria that I look for when discerning who to have training with. Firstly can they do whatever it is that they are teaching themselves? I wonder how anyone can teach something that they cannot do, so the teacher should have a proven and established record of working with whatever form of mediumship that they are teaching. Then I ask myself is their spirituality evident in how they demonstrate, in how they teach and in how they live their lives? The developing medium can be very fragile as their link with the spirit World tries to establish itself and to be able to do so the medium will need to be encouraged and nurtured. This is a skill that is not found in everyone and of course all of us are different so each of us will be drawn to a different teacher for a whole host of reason.

One of the biggest tools that can help us in the development of our mediumship is trust and acceptance, after all everything comes down to trust and acceptance. When choosing who to conduct your formal training with, don't forget to ask the spirit World for advice on this, you will need to trust their teaching methods and accept that they know how to help you move forward. This is even more important with the development of mediumship as every time

we work we should trust the spirit world, surrender ourselves to them, after all everything is out of our hands and then accept whatever comes, even the difficulties can help you grow. Trust the process and accept that whatever you are experiencing serves a purpose even if you cannot see what that purpose is. Where our spiritual journey is concerned there is a hidden lesson and a learning tool available in every experience, our job is to find it and develop what is on offer.

The trouble is that often what we want to experience spiritually does not turn up but what we need spiritually does. I have found what Carl Gustav Jung said to be so true "God hides what we most need in the place where we least want to look". This is the reason why in legend and myth the treasure was always guarded by a dragon, that predator of all predators who had to be fought or overcome for the treasure to be obtained. The treasure is the peace that passes all understand which we only obtain once we realise that all troubles pass and that what truly abides is eternal.

Often when we start on our development we find that the standard of our mediumship will vary greatly, this is often due to our energy and the need to establish and build it. This is where the tool sitting in the power comes in. Sitting in the power has become very popular again but I feel that sometimes it is misunderstood. Gordon Higginson, who was one of the greatest mediums that the Spiritualist movement has produced, gave a wonderful lecture on sitting in the power which can still be accessed on the tribute page dedicated to him on the internet. In the lecture Gordon talks about how sitting in the power develops our etheric body and that mediums should sit in the power every day, not just when they are beginning on their journey. He describes the purpose of sitting in the power as for the developing medium to link with God and to build

their relationship with the creative power that made this universe, the source of all life. It is not about sitting for communication with the mediums guides and loved ones, though that may happen within it. The establishing and building of this relationship takes time and helps the medium stabilise their energy so that they can keep a link with the spirit world going.

The other purpose of Sitting in the power is to enquire what God wants, what is the Soul purpose of your life? What gifts and talents have you been given to help the world? Finding this out can be very difficult, challenging even as sometimes we do not get back the answer that we want. We may have our hearts set on being an international medium whose name is seen everywhere in lights and our talent may lie in healing or administration both of which are vitally important forms of mediumship. Mediumship is more than just the giving of messages, true mediumship is the expression of God's love in the world and when seen that way we start to align ourselves with who and what we really are.

It might be that God wants us to sit in someone's circle and help them develop some form of mediumship, this kind of work that goes on behind the scenes is vitally important. Gordon Higginson who was a very gifted physical and trance medium as well as a demonstrating medium without equal, had a circle who sat with him each and every week, year in and year out, without fail. It took many years for the mediumship to properly establish itself and it was worth waiting for. No one ever heard of these sitters but what they gave was of as much value as what the medium gave, if not more because without their dedication Gordon's mediumship would not have been grow into what it became. That level of selfless dedication is truly a service to God and the spirit world and it is something that we seem to have lost in modern Spiritualism and it is a great shame.

We cannot ask our spirit friends questions about our true gifts and Soul purpose as they are not allowed to interfere, it is after all our spiritual journey and not theirs. We could turn away from, or refuse to develop or even contemplate whatever talents are really there because our minds and hearts are set on a different thing and when we do such things we are often heading for a fall. Regularly sitting in the power is what helps us to be able to be honest with ourselves and to open up to who and what we are, a beloved child of God. Of course this will be even more difficult if we do not believe in God and many don't in modern Spiritualism which I think is a huge shame. Some make spirit into gods and they are not omnipotent beings, they are just a little further along the road than we are having gone through that change called death but they have not suddenly sprouted wings and grown a halo. Many of those who came from the other world in the past use to inspire us on our spiritual journey use to talk about their continued spiritual development.

Silver Birch is one who comes instantly to mind where this is concerned. Silver Birch, the entity who communicated through Maurice Barbanell, often talked about spiritual festivals in the other world and about how they continued to communicate with those further than them, onwards and upwards through the realms of light until we finally reach those beings so advanced that they occupy a place where there is no space or time. Silver Birch would talk about the chains of communication, relaying that when we sit in circle here that they sat in circle in the spirit realms in exactly the same way communicating with those further on than them and would talk about how we are connecting through love with these beings who endeavoured to enlighten humankind.

We seem to have lost sight of this in modern spiritualism and doing so has caused us to elevate spirit to a place which they should not occupy. The spiritual law of service is universal and operates in the spirit world just as much as here, “as above so below, as below so above” was something that Silver Birch would talk of often when asked to describe life in the spirit world. We really do have to ask how could it be any different. If it was then they are different beings after death and would therefore not have survived.

It must be said that sometimes in the modern world some teaching mediums do not give an honest answer concerning someone’s potential as they are more interested in having people attend their courses and would lose the student if they mention something wasn’t there that the student wanted. This is spiritually wrong however and has consequences.

So the developing medium has to find time to connect with their spirit, with God and with the spirit world, as well as for meditation, to truly flourish. There is of course some overlap between all these disciplines’ but it is the intention which is important here. When something is vitally important we make time for it and all of these disciplines are vitally important. If you were to ask which one you should be working on then the answer would always be whichever area you are weakest is the place where you should work. This is of course contrary to human nature as we want to do that which we like, enjoy and are good at but anyone can do that. What we really need to do to be the best that we can be both spiritually and mediumistically is trust and accept who and what we are and then surrender ourselves for the best and highest good of all those concerned and that whatever is there naturally can begin to flourish.

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