## Sunday Service March 7th 2021 Written and recorded by Gina Langsfield during the closure, for the Spiritualist Association of Great Britain

Good afternoon to all our listeners both on Zoom and FaceBook. This is Gina Langsfield welcoming you all again on behalf of the SAGB. And on zoom giving a special welcome to today's medium, Pauline Mason and to our chair-person, Peter Smith.

Would you please like to join me in prayer

Dear God, loving Spirit

We ask that while living our fast-paced modern lives that we take the time to be still and be aware of the many forms of angels who come into our lives both from Spirit and on earth and to be grateful for their presence and their loving help.

Amen

Today I would like to read you one of my poems 'Angelic Encounters'

We speak a lot of angels; the ones we know are there to guide, protect and comfort us and bless our lives with heavenly care. But God also sends other angels who we know far less about and our lives would be all the poorer if we had to do without these evolved souls still in earthly bodies, who while holding no excited recognised position have entered their present earth life to undertake a special mission.

These special souls often do not even realise the good they do each day, and the way they touch so many lives in a unique and loving way. They may be a family member who comforts the homeless on the street.

The youngster who'll lend a helping hand to each frail older person they might meet, The public hero, who fights the causes to give sustenance to those in need, The anonymous elderly lady who each day performs some good deed, The friend who's always there for you to brighten up a lonely day, The person you do not even realise includes your name each time they pray, The dear one who braves the cold to bring someone a welcome meal, The listening ear across the phone who truly cares just how you feel, The wise person who offers kind advice to one who is travelling the wrong road, The unpaid counsellor who listens with sympathy and tries to lightens another's heavy load, The special soul who serves God so selflessly, by knowing the deepest needs of another and asks no reward other than the joy of lifting the heart of their spiritual human sister or brother.

It is often in times of true tribulation that earth angels are put to the test and that is when they answer God's call to give of their very best.

At these times those fortunate enough to encounter them will come to recognise their worth and be forever grateful to these angels still on earth. You know them by their lack of need to seek recognition or monetary gain. Their need is just the joy in knowing that they have eased another's pain.

So if you encounter an angel whether stranger, relative or friend...never forget to thank God and Spirit for that precious gift they chose to send your way. For Spirit understands what certain souls need most of all, so they send the appropriate earth angel to make that special house call,

Should we be lucky enough to encounter more than one of these angels...know that we are truly blessed. And perhaps it is a sign from Spirit that it is also our time to do our best to spread angelic kindness and play our own small part by finding something we ourselves might do to warm another's heart.

On behalf of our manager Karl and the trustees, our staff, mediums, healers and as always myself God bless you.

And for our listeners on Zoom I hand back over now to Peter Smith.

Spoken and written by Gina Langsfield

**Background Music – Meditation**