Sunday Service September 6th 2020 Written and recorded by Gina Langsfield during the closure, for the Spiritualist Association of Great Britain

Good afternoon Ladies and gentlemen, and thank you for joining us today for our Sunday Service. This is Gina Langsfield speaking to you on behalf of the SAGB. And for those joining with us on Zoom, please welcome our medium for today Pauline Mason. And a special thank you as always, to our chairperson Penny O'Meara.

Would you please like to join me in prayer.

Dear God, loving Spirit

Into your loving protected hands, we commend our services today, and all who are a part of them. We ask and pray that all our collective love has sent out light vibrations that have formed our spiritual rainbow of hope, and that the hope has in turn become trust that everything will indeed be alright. And that each of us, those on earth and those in Spirit, are granted the courage not to worry and to trust in your ever loving care and protection now and always.

Amen

Spirits Eternal Plan

It hasn't been easy not to worry, as I'm sure everyone will agree, with all we've had to contend with these past months. And sometimes been difficult for most of us, virtually impossible for some, to have much faith, for that longed for rainbow to appear which we prayed for back in those dark fearful days of March, April and May, but Spirit will never let us down.

Granted they never promised the past towards the light would be easy. And for some the despair of these times has been overwhelming. To give someone, newly bereaved, the knowledge that a loved one who has left the earth, is still very much alive and with them is obviously a great comfort.

But by no means the whole solution to coping with that terrible grief of physical separation. Especially when the passing seems so cruel and senseless.

We despairingly ask;

Why, why did such a tragic thing have to happen? And sadly, those of us still on earth, don't have a satisfactory answer... But spirit do

They have the answers. They know the great plan for each of us. They see the bigger picture. Does that help are suffering now? Honestly...No it doesn't. But as spiritualists, there is one piece of knowledge we do have even now, even in the midst of our grief on earth that ultimately all our paths, the path of all these departed souls lead straight to the same place...Home. Our true home in Spirit World, where all who love each other are reunited, safe, well and forever happy again.

No one dies, no one is lost. And although, we're still physical, we may not see the logic or fairness of what deprives us of those we Love, we will be able someday to fit the missing pieces of the puzzle together and when we do we will already be happy fully back together with those we love.

Bereavement is temporary, love is eternal and yet, every little thing will in time be alright. The light will shine again upon the earth, and for those in Spirit, the light has shone always. Love will triumph, above all the tribulations which have tested it.

I will finish with the words of the beloved Spirit Guide, White Eagle:

You are Spirit, this is all you need to know. And Spirit is triumphant over matter.

On behalf of our manager Karl and the Trustees, our staff, mediums, healers and of course myself, Gina. I thank you once again for joining us today and ask you all to trust that every little thing will soon be alright for us all once again. God bless.

And for those on Zoom, I hand you back over to Penny O'Meara.

Spoken and written by Gina Langsfield

Background Music – Don't Worry about a thing