

GLYN EDWARDS - TALK ON UNFOLDMENT

The following is taken from a session Glyn gave on one of his many weekends in Addington, Kent, recorded with his permission on 10th October 2014. What he has to say is important to those of us who need encouragement, clarity, and the down to earth wisdom from his many year's experience as one of our true abassadors for the spirit world.

"So we come to realise, that what we need to do in our development for it to really be effective, is that we are putting ourselves in their hands. Saying 'here i am'. What we are doing is saying to the other world is 'help me to discover with you, what the abilities are'. Because that's what you are doing. You are discovering more and more. So we want to leave out of our mind any idea of what trance is, what clairvoyance is, what this is... you know what happens to you ..just be with it, whatever it is.

You know this idea, going with it-going with it-going with it... be active in it. But I think the best word is be AWARE. If you are sitting there and an image comes and you're aware then be with it deeper. Because I believe that all these things have knock on effects.

So, therefore put out of your mind ideas of about how you THINK it

should be. We need to remember also that in the scheme of things, as we evolve we open ourselves more and more and more and more. And to experiences, levels if you like of experiences, and this is why sometimes people act differently towards you than you are usually aware of. Because you start to touch them.

And from what I know those in the other world have a tremendous amount of awareness within themselves to know when things are not achievable, and when things are right to make that contact. So, if we hold onto this one area, one person [contact] because you feel safe with them.. this is where problems arise. It doesn't mean to say that the problems will all go away. In fact, I don't think that happens at all; as we associate with people the bonds remain; remain always..

Its like a communication that you give from someone's mother, and in that bond, in that moment - it remains always. The love remains. It's not something that begins then ends, I don't believe that at all because otherwise it would take the eternal out of the thing itself.

So when you sit in your own way, ask the other world to work with you. How open are you? How up for it are you? To whatever it is that may happen.. And allow yourself to be with it - allow yourself to be with it. Don't worry.

Here is where we make our mistakes, here is where we get things

wrong and where we get things right. In our circle, here, that's where we get things wrong and get things right. Because it's about adjustment of the mind, the adjustment of our awareness, the adjustment of our sensitivity in all sorts of things. And this is why this situation you're in is private and should be precious. Because this place in which you are in is a place you sit and support each other. Not only for each other but the spirit world too.. because what is happening through us is the dawning of something new, the dawning of something wonderful, alright?

I think we should go into any sitting that we have with an open and optimistic attitude. Nothing may happen! But it seems obvious to us that within it things are going on even though you are not aware of them. Because there are so many levels, so many aspects of our unfoldment that will touch us in different ways.

Preparation, what we are physically, how we respond physically, what this is.. it all is taken into consideration. So we have to remember that from their point of view. You see, what we are saying to them 'here we are, use us' - well that's very easy to say. But they've got to look at the idea of the breath, the mind, the nervous system... All these sorts of things, leaning to rise above these things, and they've got to bring us to be part of everything. So a tremendous amount goes into this. So in sitting, we just want to sit. 'Here I am'. "

[At this point Glyn led us into sitting for around half an hour with the following prayer]:

Divine Father,

Each of us have come here today to sit for the Spirit world, for the unfoldment of what is within us. That as we blend with the other world, we will discover today together what is here. And at the end of our sitting, to share with each other the experiences we have had so we may value each other's experience and each other's unfoldment

In some ways we have really not appreciated our power or the power of the Spirit world in which is the power of ourselves. With this prayer, with this thought, each of us wishes to remove any barrier of unfoldment. Of our heart, of our minds, we entrust the whole of ourselves into your power, into the Spirit power and into the power of each other and of ourselves"

'And in that way ask the Spirit world for help, and don't be afraid..'

Once everyone had come back from sitting, Glyn gave his observations which were varied and well received, always leaving the recipient of his observation thoughtful and optimistic. For privacy reasons they cannot be related here but there are a couple of things that can be said, for

example: to one student Glyn spoke of giving healing directly each time after sitting, that it would have a lot to do with helping to achieve results in their unfoldment and to do so directly after sitting would help them to lose themselves, leading to other things. To someone else Glyn spoke of receptivity to colour, and to go further into it where symbolism, psychometry and the aura, all to do with the Spirit world, lay.

" You see I want you to get away from the idea of its this or that, we've got to get rid of these old and stupid ideas... for instance the natural ability to feel. Through that colour comes, everything comes. The more these abilities are advanced and encouraged, the more the gifts of the Spirit come to the fore, finding the mediumistic level we can move from. You may never go the way of other mediums, so don't try. Be the medium you are, believe in what's there with you, let it open up more and more and more and more.. Take the limitations off your yourselves. Allow what you are. It's about discovering and believing in yourself. It's NOT about a case of what they will use you for but rather, what the power IS.

Can you see the difference? It's how you look at it. Each of you have particular gifts. If X works with the healing then what that will do is make X more receptive and reactive to the power, if you trust.

What I need to get over to all of you is learning to let yourself adapt, adapt, adapt. What I need you to remember is to trust the Spirit world, if you trust then all of you will advance, alright?

That's what I want you to know, that in coming together in your circles or here, don't try to make it this or that or the other, you see here. Just sit, do that and we can look at experiments and things such as that, and we can move on.. you see why sitting is important?

So you see, what happened in that session wasn't to have you in that depth but to have you in that state. You see what each of you must understand about when you sit, is that it is the spontaneous thing of moving. You might find in an hour all sorts of things happen, or you could sit and it's just still and calm and time just goes. Whatever it is you see, is that its adjustment, adjustment, adjustment... because you must remember that this power you are working with is the very power that created life. It's the very power that created that is the universe and beyond, it's so immense.

Now here you've got this fragile form, and this consciousness, this intuitive in you realises the need to adjust. And this is why you sit. Sometimes you're sitting well and sometimes not so well, but just be calm. I noticed that when X coughed, it brought some of you back. Just go quietly back into it, that's entirely what you should do. No

matter what disturbs you, if you're uncomfortable then move and get yourself comfortable. Then sit again. What you are doing is learning the art and discipline of being still. You see we are trying to get you over the physical limitations.

With Gordon [Higginson] it didn't matter what was going on, what he did or anything. He stood up there and the Spirit world came - his mind was there. This is what we need to learn is that no matter what we do, we move into that way, you see here, and recognise 'oh now it needs to be this...' You see it's also a recognition within yourself the way your feeling goes, go with it. Because all these are involved - it's a whole process. See what I mean?

So really in your unfoldment there really is no holds barred. But it's what you do to allow yourself to be with what is there at the moment, and you just need to involve yourself with it.

As we sit and go through all these things, we are also learning to adjust to levels of our own mind, so we need to get to a point of knowing what to do.

You see, your unfoldment is known to your spirit, your unfoldment is there and knows what it can achieve step by step. But what it needs from you is a willingness. This is what your unfoldment is 'I need to go with it'... in other words becoming the instrument.

I remember Gordon standing in there years ago at the Hall and saying "Ladies and gentleman, we need to become the instrument with the power - the channel for the power to work"

Because being the instrument is about the giving, but we also need to be the channel for the giving. You see, there is a tendency within a lot of us to think of ourselves as small.. and we are not. Remember the power that works through you is universal, it isn't limited. You're physical form is limited but not this consciousness. This is what we've got to realise that this consciousness is aware of the spirit, much vaster than anything we are. And that's most probably why we worry 'well, I'm not good enough'.

You see the thing is the power knows what you're putting out and what we have to do is realise our spirit is something more than us."

[A student was then asked about what happened to them during the sitting, and spoke of no longer seeing colour]

"You see, it's not that you don't see colour, but there are changes. Don't say to yourself ' I don't I don't.' if you've seen it then you've seen it and you'll continue to get it. What you all have to realise here is that there is a strength in your ability.

Mediumship requires...how can I put it...a mirror, for that to reflect.

So what we need to do is when things stop, is ask why. So that we make sense of it. This is how we come to know when it's our own imagination running around or it's this or it's that. When it is strong then go with it, go with it! What happens with a lot of us in these situations we think 'oh well, it can't be this, it can't be that' and so we start to doubt.

At the same time we have to, when we see it, see it, see it... and then step back and look at it. Not in a 'ohh I'm going to believe in that' or 'I'm going to doubt it'. Just observe it. This is what a medium has to do. They have to LEARN in their mediumship to become observers.

So, 'I'm feeling with you, I'm seeing with you, I'm getting this or getting that'. So that they [medium] allow their own sense of judgement to stand back, so our own sense of judgement can't come forward. This is why I think we've got to get back to the idea of becoming an instrument of the Spirit, of them guiding us. Now, that guidance that we want can only come about through trust. And how do we trust it? Investigate it. You've got to. A natural process, a natural experience is happening to you alright? Good. Trust it.

Let me just tell you a quick story. In the library at Stanstead Gordon was giving a lecture when a very dear friend of his suddenly died in front of

him. Well you can imagine what a shock that was, not only for the audience but for Gordon as well. Anyway, they had to stop and sort things out of course, but he [Gordon] had to go as he had a large public meeting at a town hall. Now that hall held 1800 people. Gordon's mother was there and he went on, and his mother said he'd done one of the best demonstrations he'd ever done in his life. He literally, although terribly upset...he was very confused when he got there, very anxious because of what had happened. But the moment he stood up...But he'd learned over a period of years in sitting that what he had to do was get out of the way - and that is what he said to me: 'The sooner you get out of the way the better a medium you'll be for the Spirit world'.

So you see, that confuses you all when people say 'attuned' doesn't it? Because attune means you try and he's saying 'get out of the way'. So let's look at what happen and to you - you sat there and you just went, you went to it! You see, automatically you just go, carry on, carry on. If we don't trust that what the hell are we doing here! Does that help?

Shake a leg, that's what you want to do!

c. G Edwards 2014