Sunday Service 10th May 2020 VE Day

Written and recorded by Gina Langsfied during the closure for the Spiritualist Association of Great Britain at this time

Friendship

Good afternoon, this is Gina Langsfield speaking on behalf of the SAGB and welcoming you to our Sunday Service where for our listeners on Zoom, we are going to say hello to our chairperson Penny O'Meera and a special welcome to our medium for today Leonard Tatt.

This weekend as we honour the 75th anniversary of VE Day those who tune in regularly to television broadcasts will be only to aware of all the comparison made to war and the battle we are currently fighting against Covid-19. All of us will differ in this on our opinions in many ways. But, definitely there are at least three notable similarities.

One, is the tragedy of then and now of so many people losing in the physical sense someone they love under horrific conditions.

Two, is the terrible sadness of being forced apart, all be it in different ways and please God, we do not expect current separations to last for anywhere near so long a duration as those brave souls had to endure during the war.

The third similarity is of course the value of friendship during a time of tribulation. There is a very wise old saying 'A friend in need is a friend indeed' ... how true that is.

And now is certainly that time of need for so many of us. Many of us are missing the embrace of the loving family members right now, but for many, dear friends are the closest thing they have to family members in the physical world.

Friends we want so much to hug again but for a short while we have to content ourselves with what we call spiritual ways of hugging. Each time we pray for a

friend each time a loving thought emanated will serve as a long-distance healing energy. That simple text we send saying 'just thinking of you, miss you, look forward to seeing you again' will reach the recipient as long-distance hugs.

And their day has been brightened instantly by something which takes so little effort on our part, that special voice on the phone, that card in the post all serving as a means to make someone feel needed and valued. We know how much we miss our friends especially those closest in our hearts...but do they know?

There are two more old more sayings:

'Absence makes the heart grow fonder' and 'Out of sight, out of mind' contradictory. So with a sensitivity we hopefully have as Spiritualists we need to reassure our friends that it is the first of these which applies to our relationship with them and not the second.

Now, more than ever we need just like comrades in wartime to show that a pal must be a pal forever whether together or apart. So lets reach out, lets find a way to send that spiritual hug until hopefully soon we can hug our friends physically once again.

On behalf of our manager Karl and the trustees, our staff, mediums and healers and of course myself Gina, send a hug to you all. God Bless.

And now for our listeners on Zoom I shall hand you over to Penny O'Meera.

Written and Spoken by Gina Langsfield

Transcribed by Joanne Logan

Background Music: Issy Bonn - A Pal Must be a Pal Forever