## Awaken to Spirit Inspiration

## Awakening your own unfoldment & personal journey with the world of Spirit

One day Workshop with International Medium

## Mercedes Garcia

Awaken and harness your ability to access information and solutions through a step-by-step process of Spirit-inspired communication. Aid your own Spiritual development but that of others too by opening your mind, in an altered state of consciousness, readily receiving gifted words, writing or pictures that will create an incredible ability to help heal yourself, relieve stress and bring clarity, harmony and balance in your life and others too.

This Iday workshop, you will discover your Spirituality, strengthen your Soul connection with Spirit and learn how to work with your Spirit Guides and loved ones. This in turn, will amplify your Clairvoyance, Channelling and Healing abilities, whilst releasing any doubts.

With this guided experience, you will learn how to practice an altered state to deliver your ability to communicate inspirationally and to gain confidence and trust in your inherent Spiritual gift, whilst building your confidence to use this knowledge to help yourself in your everyday life.

A full day of deep inspiration and higher knowledge, bringing Mind, Body & Spirit in line with your true Soul Purpose.

Saturday July 18<sup>th</sup>
Cost £60.00 Members £50.00
Payment and Registration Tel: 0207 931 6488