

Sunday Service 31st May 2020

*Written and recorded by Gina Langsfield
during the closure, for the
Spiritualist Association of Great Britain*

Good afternoon and a warm welcome again to all, this is Gina Langsfield, speaking to you on behalf of the SAGB. For those joining us on Zoom welcome to our chairperson for today, Gamze Seber, and a special warm hello once again to, Penny O'Meara, our medium for today's service.

Would you please like to join me in prayer.

Dear God, loving Spirit

We give thanks for your loving guidance and protection, as we realise just how much our inner strength these past months, has depended upon your ever present support.

Please grant us now the blessings, of peace of mind, a trusting heart and tranquillity of the soul as we pray, that the first light of dawn, may be shining through.

Amen

This afternoon, I would like to share with you a poem I have written called

'At the Break of Dawn'

*Sometimes, God has a reason, for things we may not understand.
Such as when the things we have so looked forward too do not turn out as planned.*

It isn't easy, when everyone and everything we so love, seem to be taken out of our sight, and we wonder why, we have been robbed of our sunshine and plunged into the darkness of night. As we need to remember, when at our lowest ebb and our life has been tattered and torn. That beyond the darkest hour of night, comes the first dim light of dawn.

When we are weary and in need of rest and the light is not yet in view. We need to hold onto the thought, that daylight will break through.

Then just when coping becomes too much and hope all but faded away. We notice that creeping from that darkness, shines a sign of the light of day.

Perhaps the sun, seems slow to rise, but if we can just stay strong. Dawn's first dim light will grow brighter and the upliftment of day will come along, we will hear, the sweet song of the birds and know, that our new day is reborn.

So we need to trust and stay strong just a little longer, as we glimpse the first small break of dawn.

On this anniversary of World Meditation Day, we have acknowledged how much we have needed the solace of inner tranquillity and trust in Spirit to keep us safe.

We are all hoping now that the first light of dawn, is creeping in, after what for virtually all of us has been a very long lonely night, for some more so than for others.

For some, it has been truly, the long dark night of the soul. For most it has been an uncomfortable and sobering experience.

It has indeed seemed like a long steep climb up a mountain through this crisis.

Let us pray, that we can now see the dawn on the horizon as we gaze out from the summit and that the full light of day shall break through, very soon.

On behalf of our manager, Karl and the trustees, our staff, mediums, healers and of course myself Gina, take care, until we meet again soon, God Bless

And now for our zoom listeners, I hand back to Gamze Seber

Spoken by Gina Langsfield

Background Music Peggy Wood – Climb Ev'ry Mountain